Using SEX : From A-Z Cards

during Outreach and other Single-Session Behavioural Interventions



SEX FROM A-Z IS A SET OF CARDS INTENDED FOR GAY, BI AND QUEER YOUNG PEOPLE. THIS IS A FUN AND ACCESSIBLE RESOURCE THAT FACILITATES HUMOROUS AND FRANK DISCUSSION AMONG YOUNG PEOPLE ABOUT SEXUALITY AND HIV AND STI PREVENTION. IT CAN ALSO BE USED BY SERVICE PROVIDERS AS A DISCUSSION TOOL IN WORKSHOPS AND TRAINING SESSIONS.



Designate one deck as your show-deck, so you can shuffle it out of order.
Ask individuals you encounter on outreach if they would like to play a game with you.
These are some popular, successful strategies outreach volunteers have used:

1. SAFER-SEX TRIVIA

Ask the person if they want to play a trivia game with you. Fan the deck out to the individual and ask them to draw a card.

Read aloud the letter of the card, and the topic the letter stands for. For example, "***A is for auto-fellatio.***" Ask them if they know what it is, or to tell you something about it.

There is a sexual health tip related to each one, provided on the back of the card.

Ask them: "***Do you know a safer sex strategy related to this card?***" They may guess the one mentioned on the card, or another.

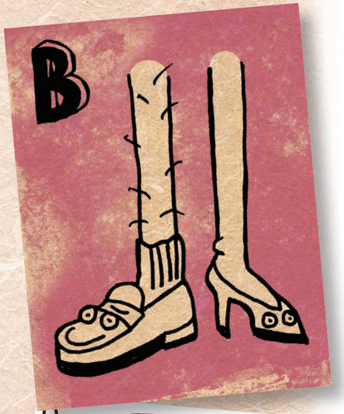
Additionally:

a. Engage in further discussion around any strategies not on the card.

b. If playing with more than 1 individual, ask them to provide different strategies.

c. If they like, ask them if they'd like to play a second card for an extra prize.

2. WHAT DOES IT MEAN TO YOU?



This game sometimes works best one-on-one, or in a more intimate group. Have the individual shuffle and draw a card.

Ask them what the topic means for them. For example: "***B is for bisexual.***" Ask "***What does bisexual mean to you?***" Discuss what it means in a sex-positive, identity-affirming context. Do not make fun of any of the topics, including ones you personally do not enjoy. You may have to explain sex positive to them.



Ask if they have a personal experience practicing this activity, or if they've ever wanted to. If they don't, ask about what they think this might look like for them. Affirm choices, theirs and other people's who might be into the topic. For example: ***"A lot of people think that's really hot!"***

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3. WHAT DO YOU SEE IN THE CARDS?

Fan the deck out to the individual, with the illustrations facing them. Get them to point to a card.

Holding the card in front of them, so they see only the front, see if they can guess the content on the back, by asking them what the card is about, and what they think a safer-sex message related to the card may be.

This approach works particularly well with groups, because it gets everyone involved in guessing and the answers can be funny.

Sometimes people will get it quickly, and other times it can take a couple of tries. The point is less about getting it "right" than it is engaging in topics on sexual health. When someone guesses close enough, fill in any additional information relevant to the topic.



Give them the deck for their prize, and any other outreach materials you have. If they want a second deck, see if they will play with you again (but don't deny or withhold decks, rather seek to extend interest into further conversation, using your discernment as an outreach worker).

Point out that there are services on the first 2 cards for anyone who is looking for support. It's even better if you can show them where this content is.
Thank them for playing and wish them well.

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Additional packs of Sex from A–Z cards (CATIE Ordering Centre Number: ATI-26124) are available through the CATIE Ordering Centre at **www.catie.ca** or **1-800-263-1638**.

Printed with assistance from CATIE, 2015.

CATIE

Canada's source for HIV and hepatitis C information



Living in Toronto?

Hassle Free Clinic

HIV/STI Testing

416-922-0566, www.hasslefreeclinic.org

Lesbian Gay Bi Trans Youth Line

1-800-268-9688 or 416-962-9688

www.youthline.ca

Central Toronto Youth Services

416-924-2100, www.ctys.org

AIDS Committee of Toronto (ACT)

HIV/AIDS Information and Support

399 Church St., 4th Floor

416-340-2437, www.actoronto.org

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National Resources

Sexualityandu

www.sexualityandu.ca

BC Centre for Disease Control

SmartSexResource

www.smartsexresource.com

Planned Parenthood Toronto

Teen Health Source

www.teenhealthsource.com

Need more information and resources on HIV and hepatitis C? Contact CATIE:

1-800-263-1638, www.catie.ca

Email: info@catie.ca

CATIE Canada's source for HIV and hepatitis C information

Nationalized and reprinted with assistance from CATIE, 2014.
CATIE Ordering Centre Catalogue Number: ATI-26124

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A

A

AUTO-FELLATIO

THE PRACTICE OF SUCKING YOUR OWN DICK. BE AWARE YOU CAN SPREAD AN STI FROM ONE AREA OF YOUR BODY TO ANOTHER THROUGH SKIN TO SKIN CONTACT SUCH AS A HERPES SORE.

act


B

B

BISEXUAL

SOMEONE WHO IS ATTRACTED TO BOTH MEN AND WOMEN. IT MUST BE NICE TO HAVE SO MUCH SELECTION. THE WORLD IS YOUR OYSTER - GO OUT AND CRACK OPEN A FEW! JUST REMEMBER, REGARDLESS OF GENDER, STRAP ON A CONDOM WITH WATER-BASED LUBRICANT BEFORE DIVING IN.

act

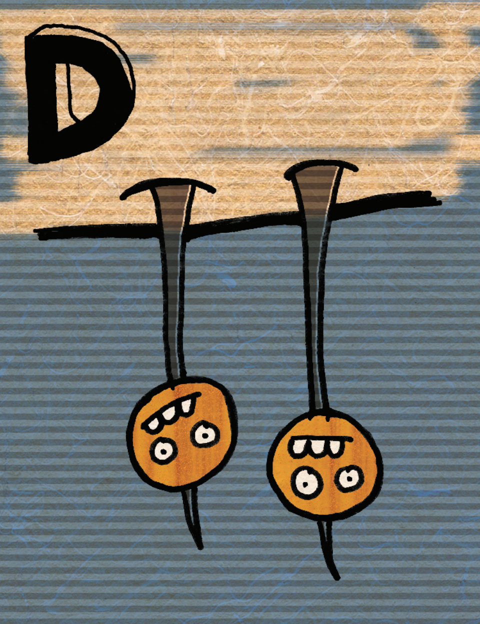

C

C

CATHODILLIA

BEING ATTRACTED TO ONE'S TELEVISION SET. YES, THAT IS ONE HOT LITTLE BOX. IT'S ALWAYS OBEDIENT, AND YOU NEVER FAIL TO TURN IT ON. IF THE SIGHT OF YOUR REMOTE GIVES YOU WOOD, YOU MIGHT HAVE CATHODILLIA.

act


D

D

DINGLEBERRY

THE FECAL REMAINS THAT CLING TO HAIR AROUND THE ANUS. YOU CAN'T MAKE JAM WITH IT, AND IT'S NO GOOD ON TOAST. DINGLEBERRY CONSUMPTION, LIKE ALL FECAL MATTER, CAN LEAD TO PARASITES, HEPATITIS, AND BAD BREATH. CLEAN UP BEFORE YOU CHOW DOWN.

act


E

E

ERECTION

BLOOD RUSHES SOUTH OF THE EQUATOR, AND VOILÀ! YOU'VE GOT A BONER. IF YOU HAVE TROUBLE ACHIEVING THIS ROCK-HARD STATE MAYBE YOU SHOULD STOP THINKING SO MUCH ABOUT YOUR MOM DURING FOREPLAY. WHATEVER HAPPENED TO THAT HOT GYM TEACHER FROM HIGH SCHOOL? SEE! IT MOVED, DIDN'T IT!

act

F



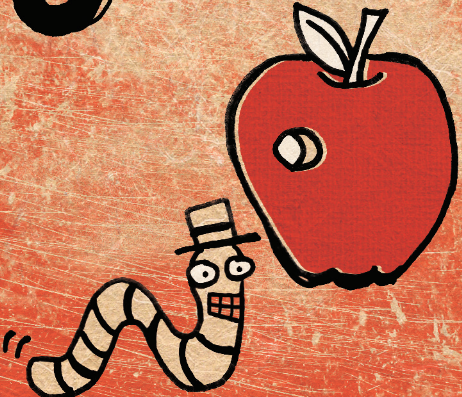
F

FELCHING

THE ACT OF SUCKING SEMEN FROM YOUR PARTNER'S BUTT. AS IF SEMEN DIDN'T TASTE GOOD ENOUGH ALREADY! NOTHING SAYS LOVIN' LIKE SEMEN FRESH FROM THE OVEN. IF YOU'RE GOING TO CHOW DOWN ON SOME ASS-MARINATED SEMEN, JUST KNOW THAT YOU AND YOUR PARTNER ARE AT HIGH RISK FOR HIV AND STIS.

act

G



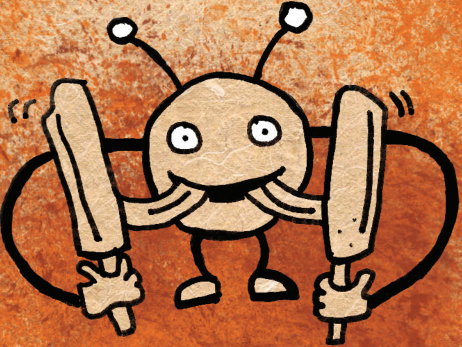
G

GLORY HOLE

A HOLE IN A WALL INTENDED TO HAVE ANONYMOUS SEX THROUGH (OFTEN IN WASHROOMS, BARS, OR BATHHOUSES). GLORY HOLE HALLELUJAH! WHETHER YOU KNOW WHO YOU'RE FUCKING OR NOT, USE A CONDOM WITH LUBE. DUH.

act

H



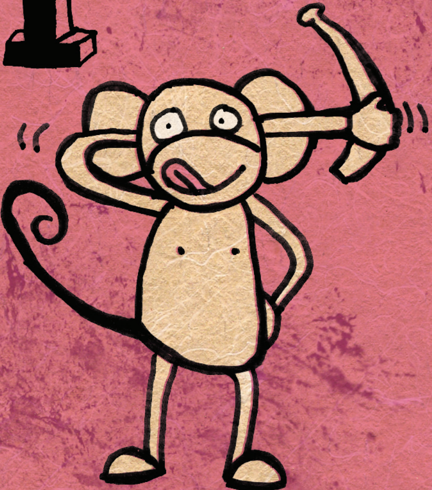
H

HALF AND HALF

WHEN SOMEONE SUCKS YOUR DICK, AND THEN YOUR ASS. IT'S NICE TO SPLIT THE ATTENTION 50/50. THAT WAY YOUR BUTT WON'T GET SOME SORT OF INFERIORITY COMPLEX. IF YOU LIKE EATING BUTT, YOU MIGHT LIKE TO CONSIDER GETTING A HEPATITIS A & B VACCINATION FROM YOUR LOCAL CLINIC.

act

I

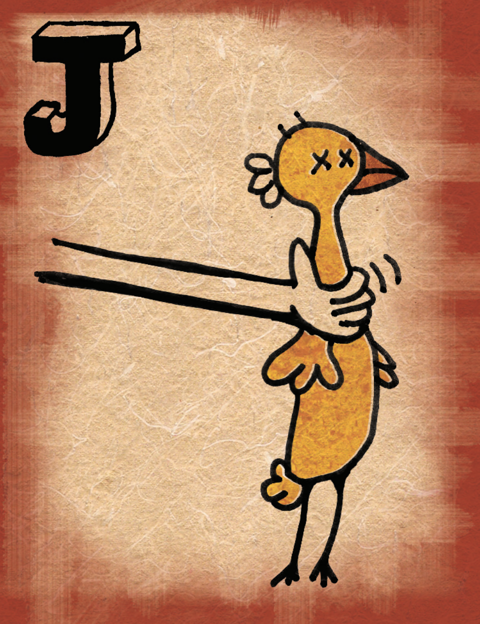


I

IRRUMATIO

OTHERWISE KNOWN AS "FACE FUCKING." SIMILAR TO OLD-FASHIONED FELLATIO BUT WITH A TWIST: THE PERSON BEING PENETRATED IS PASSIVE. USE A BARRIER TO HELP LOWER YOUR RISK OF CATCHING THINGS LIKE SYPHILIS, GONORRHEA, OR HERPES.

act


J

J

JACKING OFF

MASTURBATING.
CHOKING THE CHICKEN.
ANSWERING THE BONE-A-PHONE.
TEASING THE WEASEL.
YOU DON'T HAVE TO USE A
CONDOM FOR SAFETY, BUT YOUR
GYM SOCKS WILL THANK YOU.

act


K

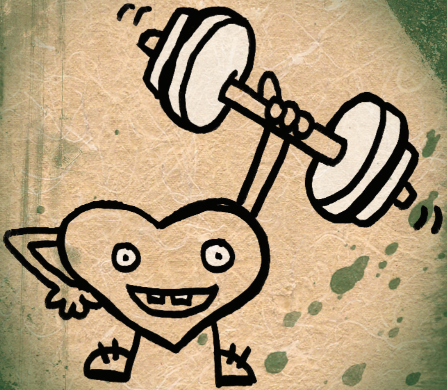
K

KINK

NON-TRADITIONAL SEX. WHAT'S NON-TRADITIONAL TO ONE MIGHT NOT BE TO ANOTHER. FOR SOME, BEING RESTRAINED WITH A BALL GAG, WHILE BEING TICKLED BY THEIR HOODED MASTER IS AN EVERYDAY OCCURRENCE. WHAT DO YOU CONSIDER KINKY?

act

L

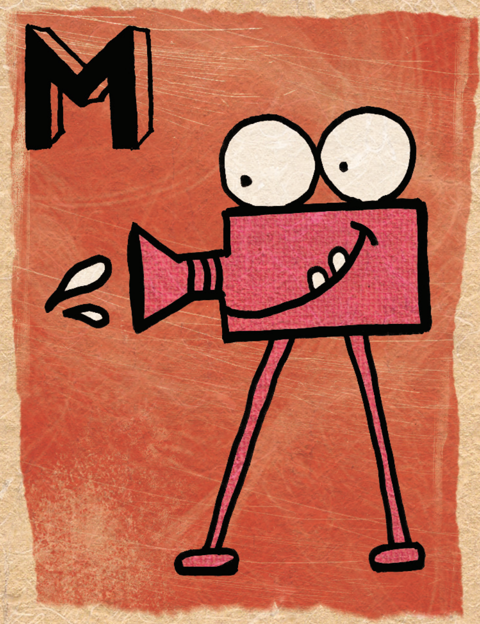


L

LOVE MUSCLE

THE PENIS. OFTEN THE BEST MUSCLE TO WORK OUT, ISN'T IT? SLAP A CONDOM AND SOME WATER-BASED LUBE ON YOUR LOVE MUSCLE AND WORK UP A SWEAT DOING SOME CARDIO. REMEMBER, IT'S NOT JUST THE NUMBER OF REPS, BUT YOUR FORM THAT COUNTS.

act


M

M

MONEY SHOT

THE CUM SHOT IN PORN MOVIES, WHEN THE OILED-UP COWBOY EJACULATES. IT MUST BE HARD TO BE A PORN STAR - YOU HAVE TO CUM WHEN YOU'RE TOLD, WITH TONS OF PEOPLE WATCHING YOU. FORTUNATELY, NO ONE EVER CAUGHT ANYTHING FROM WATCHING PORN: BREAK OUT THE BUTTERY POPCORN!

act

N



N

NOONER

SEX OVER THE LUNCH HOUR. OFTEN COMPLICATED BY BUSY FOOD COURTS, CAFETERIA LUNCH LADIES, AND THE FACT THAT THE SUN IS DIRECTLY OVERHEAD. BUT ISN'T THE THOUGHT OF GETTING CAUGHT BEHIND THE SALAD BAR HALF THE FUN?

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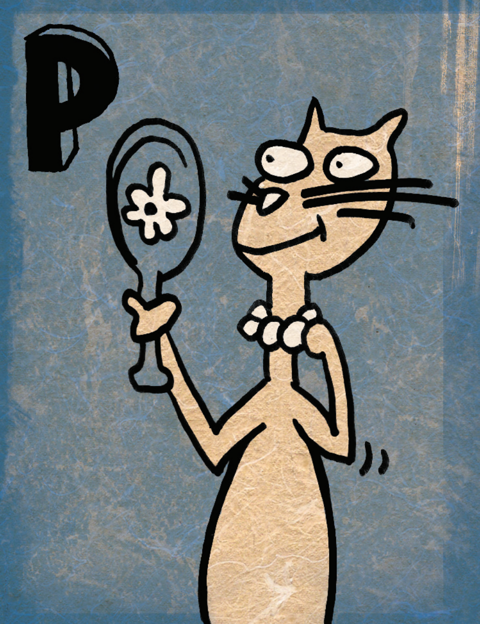

O

O

ORGASM

AS IN THE WHOLE POINT. GETTING OFF. BLOWING YOUR LOAD. CREAMING YOUR PANTS. ESSENTIALLY IT'S THE PEAK OF SEXUAL EXCITEMENT, USUALLY ACCOMPANIED BY INVOLUNTARY MUSCLE CONTRACTIONS USUALLY ONLY SEEN IN DEMONIC POSSESSION.

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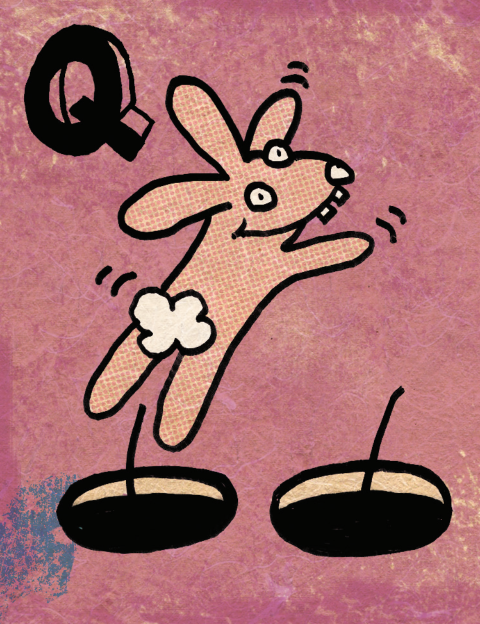

P

P

PEARL NECKLACE

AND NOT THE KIND YOUR MOM WORE TO CHURCH... HOPEFULLY. LITERALLY, A PEARL NECKLACE IS "GIVEN" TO ONE'S PARTNER WHEN EJACULATE IS LACED AROUND THEIR NECK. AND IF SEMEN'S ENDING UP AROUND YOUR NECK, YOU'RE AT LOWER RISK FOR HIV AND STIS. CAREFUL NOT TO GET ANY IN YOUR EYES!

act


Q

QUICKIE

FUCK, FAST. WOO-HOO!

R



R

RAW SEX

ANAL SEX WITHOUT A CONDOM. AVOID IT IF POSSIBLE, AS YOU'LL BE AT A HIGH RISK FOR GETTING OR PASSING ON HIV AND STIS. IF YOU DO DECIDE TO GO CONDOMLESS, USE LOTS OF LUBE AND GET TESTED REGULARLY FOR HIV AND STIS.

act

S



S

SNOWBALLING

YOU KNOW, NOTHING SAYS "THANK YOU FOR THE BLOWJOB, KIND SIR" MORE THAN SPITTING JIZZ BACK INTO YOUR PARTNER'S MOUTH. KEEP IN MIND: NOT ONLY IS IT POSSIBLE TO PASS OR GET STIS AND HIV BY SNOWBALLING, SPERM REALLY ISN'T A THIRST-QUENCHER.

act


T

T

TEA BAG

TO DUNK ONE'S TESTICLES INTO ANOTHER'S MOUTH. DON'T GET CONFUSED AND DUNK YOUR NUTS INTO A CUP OF BOILING WATER. THAT'S NO FUN AT ALL. ANOTHER NOT FUN THING: ORAL AFTER DENTAL WORK. NOT ONLY DOES IT UP THE CHANCES OF TRANSMITTING OR CONTRACTING HIV, IT COULD ALSO SCUFF UP YOUR NEW PEARLY WHITES.

act

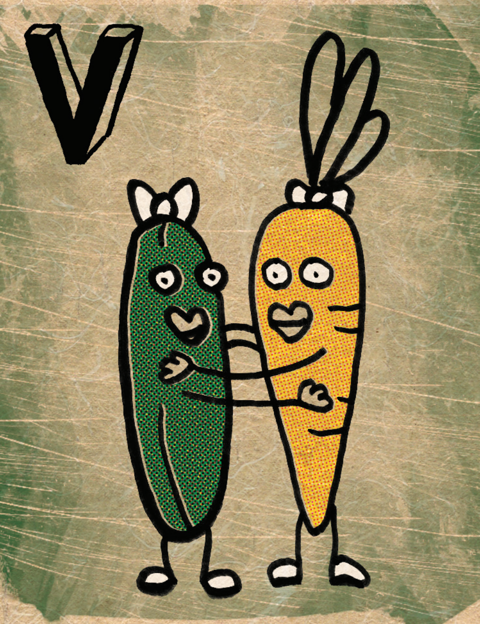

u

U

UROPHILIA

UROPHILES ARE PEOPLE WITH URINE FETISHES. THEY CAN'T GET ENOUGH OF THE NUMBER ONE, PISS, PEE-PEE, TAIL WATER, WIZZ. FOREPLAY FOR UROPHILES OFTEN INVOLVES COMBINING SALTY FOODS AND BIG GULPS. FOR SAFETY'S SAKE, STICK TO BEING PISSED ON, NOT PISSED IN, IT'S WAY SAFER.

act


V

V

VAGITARIAN

COMMONLY KNOWN AS LESBIANS. ALTHOUGH MANY STRAIGHT MEN ARE VAGITARIANS TOO. AND COME TO THINK OF IT, BI MEN ALSO HAVE BEEN KNOWN TO PULL UP TO THE VAGINAL BUFFET FOR THE OCCASIONAL MEAL.

act


W

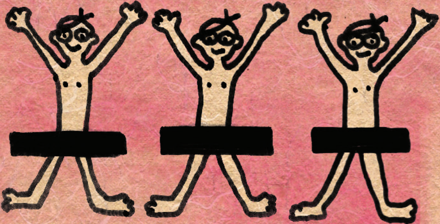
W

WANKING

OR MASTURBATING. SEX WITH YOUR NUMBER ONE FAN. TEASING THE ONE-EYED SNAKE. STROKING THE SALAMI. JUICING YOUR CHUBBY. BUFFING THE BANANA. TICKLING YOUR PICKLE. REALLY, IT'S THE SAFEST FORM OF SEX. YOU'RE NOT GONNA CATCH ANYTHING FROM YOURSELF, NOW ARE YOU!

act

X



X

XXX

A RATING FOR PORNOGRAPHY. THERE'S A LOT OF DIFFERENT KINDS OF PORN - THERE'S SOMETHING FOR EVERYONE. WHETHER YOU'RE INTO BONDAGE, CAKE BATTER, OR GUYS DRESSED UP LIKE PONIES - THERE'S PLENTY OF PORN OUT THERE. ALL YOU HAVE TO DO IS FIND IT!

act


y

Y

YELLOW & BROWN SHOWERS

YES, PISSING AND CRAPPING ON YOUR PARTNER. IF YOU'RE GOING TO EXPERIMENT WITH BODILY FLUIDS, BEST YOU KEEP THEM ON THE OUTSIDE OF YOUR BODY TO REDUCE RISKS OF PARASITES OR VIRUSES.

act


Z

Z

ZAGNUTT

TO HAVE ONE'S TESTICLES SUCKED BY TWO PEOPLE AT THE SAME TIME. YOU ARE ONE LUCKY DUCK TO HAVE SO MANY PEOPLE VYING FOR THE ATTENTION OF YOUR 'NADS. JUST REMEMBER, IT'S IMPORTANT TO PLAY SAFE - ESPECIALLY IN GROUPS. COVER YOUR COCK.

act